

FREE GRACE KIDS: ETERNAL SERIES

UNIT 1: ETERNAL LIFE

Week 1 — Eternal Life Is a Free Gift

Leader curriculum · printable

BOTTOM LINE

Eternal life is a free gift you receive by believing in Jesus.

Based on Eternal Life by Lucas Kitchen, Section Five: The Objective, Chapter 20

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FREE GRACE INTERNATIONAL

Week 1 — Eternal Life Is a Free Gift

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Schedule

15 min	Games and Worship
5 min	Root Truth and Gospel Moment
15 min	Bible Study and Brief Lesson
10 min	Root Groups
15 min	Branch Out Project

Supplement Video: 25 min — <https://www.youtube.com/watch?v=Y3FBkHuXNFo>

This Week

This week we will be starting with the basics. How do we receive eternal life?

Eternal life is a free gift you receive by believing in Jesus.

Games and Worship

GAMES

Choose 1–2 games to involve students based on group participants' age, size and preference.

Bump Tag

Players pair up and link arms. One player is the runner and another is the tagger. The runner can link arms with either person in a pair, causing the person on the opposite end to become the new runner. The tagger tries to tag the runner before they can link up with another pair.

Ninja Showdown

Players stand in a circle in a “ninja” pose. Players take turns making one quick movement to try to slap another player's hand. The person being attacked gets one quick movement to dodge. If their hand is hit, that hand is out. Continue until one ninja remains.

WORSHIP

Choose 2–3 songs.

- Psalm 8 (Hallel) by Phil Wickham
- Way Maker by Leeland

Bible Study

Before getting into Scripture, ask everyone to answer the following question silently to themselves.

SILENT OPENER

How do you get eternal life?

We will come back to this question at the end of the lesson, but let's see what we can learn from God's Word about it first. Pray.

1 Read John 3:16

- ASK** What did God do? Circle "loved" and "gave"
- ASK** What can people do? Underline "believes in Him"
- ASK** What do believers get? Underline "everlasting life"

2 Read John 6:47

- ASK** What can people do? Underline "believes in Me"
- ASK** What do believers get? Underline "everlasting life"
- ASK** When do believers get everlasting life? Circle "has"

3 Read John 3:36

- ASK** What can people do? Underline "believes in the Son"
- ASK** What do believers get? Underline "everlasting life"
- ASK** When do believers get everlasting life? Circle "has"

Takeaway

Let's all think about how we answered the question at the beginning, "How do you get eternal life?" Has your answer changed based on the verses we read together?

Eternal life is not something we can earn. The moment a person believes in Jesus, they HAVE eternal life. It cannot be lost or taken away.

Eternal life is a free gift you receive by believing in Jesus.

Root Truth

VERSE OF THE MONTH

"Most assuredly, I say to you, he who believes in Me has everlasting life."

John 6:47 (NKJV)

Gospel Moment

John 3:16 drawing — <https://youtu.be/A3Q4LHkKgEO>

Root Groups

Use the question set that matches your group. Follow interesting comments. Push gently into real life—school, friends, sports, family, screens—while protecting Free Grace: eternal life is a free gift by believing in Jesus.

AGES 6–12

1. Tell about a time someone gave you something free. How did that feel different from earning a prize or paying for it?
2. When kids talk about "being good enough for God," what do they usually mean? How does John 3:16 sound different from that?
3. Jesus says the one who believes in Him has everlasting life. If you already believed in Jesus, what changes about fear, trying harder, or wondering if God still wants you?
4. Where in your week (home, school, team, friends) do you most need to remember that eternal life is a gift, not a score?
5. What questions have you had or do you still have about what it takes to get eternal life?

AGES 13–18

1. Where do you hear a "pay God back" or "prove it" version of Christianity—online, church talk, friends, your own head?
2. Read John 6:47. If everlasting life is something you have when you believe, how does that collide with using grades, performance, or church involvement as proof you are in?
3. What would it look like this week to rest in Jesus' promise instead of performing for assurance—and what would still be hard about that?
4. Who in your real life (not a textbook unbeliever) needs to hear that eternal life is free by believing in Jesus, and what muddled message might they already believe instead?
5. What questions have you had or do you still have about what it takes to get eternal life?

Branch Out Project

Divide into teams of 3–4. Assist younger teams.

PROMPT

Many people do not know the simple truth:

Eternal life is a free gift you receive by believing in Jesus.

Design a tool or event to help spread the Word. This should be something you would feel comfortable using or doing. You will work on it with your team for 4 weeks, then share your project with the rest of the group. Use your Root Group leader for questions and help getting materials needed.

Begin by forming teams and brainstorming ideas this week. Here are some questions to get you started.

- What is the message?
- Who do you want to share it with? (*kids, adults, neighbors, teammates, school friends, waitresses/waiters...*)
- What would stop you from sharing it?
- What would help you move past the “blocks”?